

**Highlands Recreation District Programs - Symptoms Protocols**

Symptom/Diagnosis	When Child/Staff sent home/excluded	When Child/Staff may return
<p><b>Child/Staff/Family member has 1 of the following CLASS A COVID-19 Symptoms:</b></p> <ul style="list-style-type: none"> <li>• Fever 100.4</li> <li>• Cough</li> <li>• Shortness of Breath</li> <li>• New Loss of Taste or Smell</li> <li>• Painful purple or red lesions on feet or swelling of toes</li> <li>• Pneumonia</li> </ul>	<p>Immediately</p>	<ul style="list-style-type: none"> <li>• After 48 hours once symptoms have resolved themselves (without medication) <b>AND</b> they have tested negative for COVID-19. <b>OR</b></li> <li>• Stay Home Until 10 days have passed since symptoms first appeared <b>AND</b> at least 48 hours since last fever without the use of medication.</li> </ul>
<p><b>Child/Staff/Family member has 2 or more of the following CLASS B COVID-19 Symptoms:</b></p> <ul style="list-style-type: none"> <li>• Chills</li> <li>• Repeated shaking with chills (rigors)</li> <li>• Chest pain with deep breathing</li> <li>• Sore throat</li> <li>• Hoarseness</li> <li>• Runny nose or congestion</li> <li>• Fatigue</li> <li>• Abdominal pain</li> <li>• Loss of appetite Nausea</li> <li>• Vomiting</li> <li>• Diarrhea</li> <li>• Headache</li> <li>• Altered mental status (confusion)</li> <li>• Pink Eye</li> <li>• Rash</li> <li>• Muscle pain</li> </ul>	<p>Immediately</p>	<ul style="list-style-type: none"> <li>• 48 hours after symptoms resolve without the use of medication <b>AND</b> alternative diagnosis from doctor <b>OR</b></li> <li>• After 48 hours once symptoms have resolved themselves (without medication) <b>AND</b> they have tested negative for COVID-19. <b>OR</b></li> <li>• Stay Home until 10 days have passed since symptoms first appeared <b>AND</b> at least 48 hours since last fever without the use of medication.</li> </ul>
<p><b>Child/Staff/Family member has 1 of the CLASS B COVID-19 symptoms listed directly above.</b></p>	<p>Immediately</p>	<ul style="list-style-type: none"> <li>• 48 hours after symptoms resolve without the use of medication <b>AND</b> alternative diagnosis from doctor <b>OR</b></li> <li>• After 48 hours once symptoms have resolved themselves (without medication) <b>AND</b> they have tested negative for COVID-19.</li> </ul>
<p><b>Child/Staff/Family Member who is not vaccinated has been in Contact* with someone under Quarantine for a Presumed Positive** case of COVID-19</b></p>	<p>Cannot attend until 10 days after contact <b>OR</b> After contact person has been tested and proven to be NOT positive.</p>	<ul style="list-style-type: none"> <li>• Cannot attend until 10 days after contact <b>OR</b></li> <li>• After contact person has been tested and proven to be NOT positive.</li> </ul>

Symptom/Diagnosis	When Child/Staff sent home/excluded	When Child/Staff may return
<b>Child/Staff/Family Member who is not vaccinated has been in Contact* with someone with a confirmed case of COVID-19</b>	Cannot attend until 10 days after test results.	<ul style="list-style-type: none"> <li>• Cannot attend until 10 days after test results.</li> </ul>
<b>Family/staff/child who is not vaccinated that traveled inter-state or internationally in the last 14 days</b>	Cannot attend until 7-10 days after return	<ul style="list-style-type: none"> <li>• After 10 days of returning home <b>OR</b></li> <li>• Get tested 4 or more days after return <b>AND</b> stay home and self-quarantine for a full 7 days after travel</li> </ul>
<b>Family/staff/child who is vaccinated that traveled internationally in the last 14 days</b>	Traveler obtains test 4 or more days after return home and is proven to be NOT positive	<ul style="list-style-type: none"> <li>• Traveler obtains test 4 or more days after return home and is proven to be NOT positive</li> </ul>
<b>Family Member/staff who is vaccinated that traveled inter-state</b>	Do not need to self-quarantine or get tested after travel	<ul style="list-style-type: none"> <li>• Do not need to self-quarantine or get tested after travel</li> </ul>
<b>Family Member/staff who is vaccinated that has been in contact* with someone with a confirmed case or a presumed positive** case of COVID-19</b>	Do not need to self-quarantine or get tested	<ul style="list-style-type: none"> <li>• Do not need to self-quarantine or get tested</li> <li>• Should continue to monitor for symptoms</li> </ul>

\*Contact defined as close contact with someone for a total of 15 minutes over a 24-hour period who is confirmed or presumed COVID-19 positive.

\*\*Presumed Positive is a person who has been in contact with someone positive and is now symptomatic, has seen a doctor who agrees person has COVID-19 and is awaiting test results.