

## Highlands Recreation District Seasonal Camp Daily Schedule

7:30am	Camp opens. Kids play games, read books, and engage with staff in the Social Room.
9:00	Gym opens for additional active play
10:00	Staff introduces morning activity options and snack is provided
10:30	1 <sup>st</sup> activity time - see below for description of activity options
12:00	Lunch (brought from home) & relaxing
1:00	Staff introduces new activities
1:30	2 <sup>nd</sup> activity time, including swimming
3:00	Staff introduces afternoon activity options and snack is provided
3:30	3 <sup>rd</sup> activity time, including swimming
5:00	4 <sup>th</sup> activity time
6:00pm	Camp closes.

**During activity times**, staff will explain the options that are available. Each day, a different set of art, cooking, sport/ game or other group activity options will be offered. In addition to these choices, there are also typically one or more options to play indoors, on the playground or in the gym. By 5pm, the choices will also depend on weather and number of children still at camp. All activities are explained and supervised at all times.

Here's a sample of the types of activity options campers have enjoyed in the past:

Cooking – Making Monkey Bread

Art – Making Clothespin Grasshoppers

Activity – Obstacle Course

Organized game – Snake in the Grass

Organized sport – Baseball

**On Field Trip days**, the campers must arrive by the time announced/ posted for that week's trip.

Campers may also be asked to bring lunch and spending money. The morning of the trip, campers are assigned to groups by age. Each group has a dedicated staff member who oversees the campers' spending money, lunch (if applicable), sunscreen, etc. for the day. Campers are transported to the field trip location by bus and typically return to the Rec by 5pm. All campers must attend the field trip. There is no option to remain at the Rec, as all Camp Staff attend the field trip event.