

Fall Break @ HRC

Splash Camp

During Splash Camp, we will spend the entire week around the pool. We will have a fun filled week of games and activities planned. Campers will spend time at the pool for splash time, at the park playing fun filled games or creating crafts. Come join us at the pool for this exciting week.

M-F	10/12-10/16	9:00-3:00pm	\$190/205
M-F	10/19-10/23	9:00-3:00pm	\$190/205

Group Swim Lessons

<u>M/W</u>	<u>10/12-10/21</u>	3:30-5:30pm	\$48/56
		3:30pm Levels I, II	
		4:00pm Levels III, IV	
		4:30pm Levels I, IV	
		5:00pm Levels II, V-VI	
<u>T/Th</u>	<u>10/13-10/22</u>	5:00-6:30pm	\$48/56
		5:00pm Levels I, II	
		5:30pm Levels III, IV	
		5:30pm Levels III, V-VI	

Spring Board Diving @ HRC



The goal of the Highlands diving program is to introduce children to the skills of diving as a sport and educate them in a correct and safe manner. Students will learn the hurdle, basic dives such as the swan and the jackknife and proper hand position for entry into the water. The classes include games and fun activities that teach safety and skill development. Pre-requisites: 8 years of age, passed the swim test and be able to perform a standing dive from the diving board. Max 8 Students. Instructor: Kelly Winterbottom

Sa	9/12-10/3	12:00-12:45pm	\$52/56
Sa	10/31-11/21	12:00-12:45pm	\$52/56
Sa	12/5-12/19	12:00-12:45pm	\$44/49