VOLUNTEER

COMMUNITY EMERGENCY
RESPONSE TEAM

Help yourself and help others! The Community Emergency Response Team (CERT) program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations.

Course Overview:

Day # 1: Unit 1: Introduction/Emergency Preparedness-local hazards; actions to take before , during and after a disaster; CERT concept and organization

Day # 2: Unit 2: Fire , Hazmat & safe use of fire extinguishers; sizing up a fire scene shutting off utilities; hands -on practice extinguishing live fires

Day# 3: Medical - Splint & Bandage, Triage & Psych--diagnosing and treating airway obstruction, bleeding and shock; triage evaluating patients; establishing a medical treatment area;disaster first aid, sanitation

Day # 4: Search, Rescue, Cribbing & Carries-rescuer safety; Search and Rescue planning: building **-**safety size up; Search techniques; cribbing; signs and symptoms experienced by diaster survivors and rescue workers.

Day # 5: CERT Organization & CommunicationTerrorism- -CERT organization; emergency management principles; documentation; Incident Command System (ICS) and terrorism awareness.

FREE!

**Location: CalFire Station 17
320 Paul Scannell Drive (old Tower Rd.)**

FREE!

CERT Training Schedule:
**Mondays 6:30-9:30pm
9/25-11/6
(No Class 10/23 & 10/30)**

**After attending your 5 CERT training classes you are required to attend a disaster simulation day to receive your certification.
Disaster Simulation Date is 11/11/17, 9am-4pm**

HIGHLANDS CERT
www.highlandsrec.ca.gov
San Mateo, CA

CALIFORNIA DEPARTMENT OF
FORESTRY & FIRE PROTECTION
CAL
FIRE
SINCE 1885

Contact the HRC today for more information! (650)341-4251